Asthma:

As a parent of a student with asthma it can be difficult to leave your child in the care of others. Schools and their staff have a duty of care towards your child whilst they are at school, however the responsibility for a student’s care does not rest entirely on the school. There are roles and responsibilities for the school, teachers, students and parents when it comes to best managing asthma at school.

Your Role and Responsibilities:

- Tell the school that your child has asthma and give them a written Asthma Action Plan or similar as required by the school.
- Take your child to the doctor for regular reviews of their asthma.
- Inform the school of any changes to your child’s asthma or updates to their Action Plan.
- Establish a relationship with your child’s teacher.
- Ensure that your child has reliever medication with them every day, and preferably a spacer is used. The medication must not have expired and should contain plenty of doses. Also ensure that the medication is labelled clearly with your child’s name.
- Ensure that your child is able to self-administer their medication when required.
- Aim for good asthma management at home by following medical advice on taking medication.
- Notify the school if your child is absent due to their asthma.


As with any student who requires medication at school, parents need to complete a medication form which is located at the Office. The label on the original medication or a special letter outlining medication from the doctor must clearly state the name of the child, the coinciding name of the medication, the dosage and time/s to be taken.

If your child requires a spacer please send this to the front office clearly labelled with your child’s name.