Cross country running is one of the disciplines under the umbrella sport of athletics, and is a natural terrain version of long-distance track and road running. Although open-air running competitions are pre-historic, the rules and traditions of cross country racing emerged in Britain since 1876. Many years on and in a small town of Griffith, this tradition continues at St Patrick’s Primary School. Thanks go to all who helped make our Cross Country a success last week. We had many helpers early in the morning transporting equipment to Collina, setting up the course and shelters, catering during the day, acting as officials and helping take equipment back to school. It was a great Community event with St Mary’s and St Therese’s joining us and the Marian students undertaking check point duties and encouraging our runners – they were a great source of enthusiasm. The highlights included:

- the running of the Kinder, Year One and Two Modified races,
- the large numbers of parents and grandparents on hand
- the enthusiastic involvement of our students and staff.

Congratulations go to the members Patrick(Green) House who earned enough points to claim the Mons.Gallagher Trophy. They were closely followed by McAuley(Yellow), Brendan (Red) and Marcellin(Blue).
Do All Things Well